

Bowknot Stitch Pullover

1980s Knitting Pattern



ABBREVIATIONS

K	knit
mm	millimeters
P	purl
PSSO	pass slipped stitch over
st(s)	stitch(es)
St St	Stockinette Stitch
tog	together
YO	yarn over

GENERAL INSTRUCTIONS

ADDING NEW STITCHES

Insert right needle into stitch as if to knit, yarn over, and pull loop through (**Fig. 1a**), slip loop just worked back onto left needle (**Fig. 1b**). Repeat for required number of stitches.

Fig. 1a

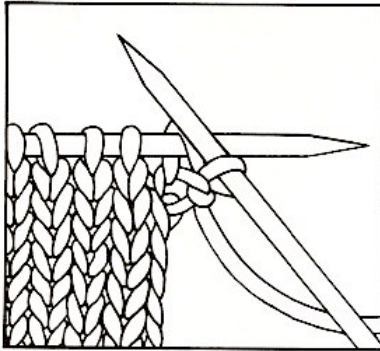
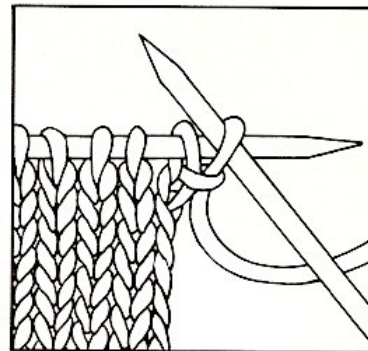


Fig. 1b

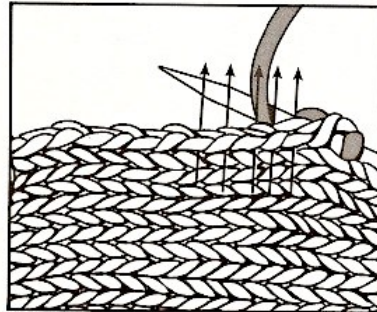


PICKING UP STITCHES

When instructed to pick up stitches, insert the needle under two strands at the edge of the worked piece (**Fig. 2**). Put the yarn around the needle and pull it through, making a stitch on the needle. Repeat along the edge, picking up the required number of stitches.

A crochet hook may be helpful to pull yarn through.

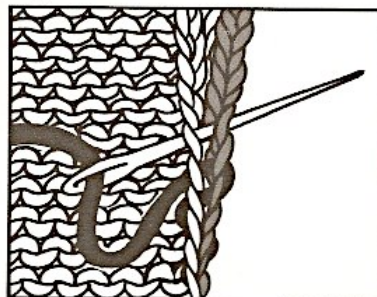
Fig. 2



WEAVING SEAMS

With pieces **right** sides together, catch one strand from each edge, being careful to match rows (**Fig. 3**).

Fig. 3



Size:	Small	Medium	Large
Bust Measurement:	30-32"	34-36"	38-40"
Finished Measurement:	35"	39"	43"

Size Note: Instructions are written for Small size with Medium and Large sizes in parentheses. Instructions will be easier to read, if you circle all the numbers pertaining to your size.

MATERIALS

Sport Weight Yarn, approximately:

9(10-11) ounces, [260(280-310) grams,
700(755-840) yards]

Straight knitting needles, sizes 7 (4.50 mm) **and**

10 (6.00 mm) **or** sizes needed for gauge

16" Circular needle, size 7 (4.50 mm)

2 Stitch holders

GAUGE: With larger size needles, in Stockinette Stitch,
16 sts and 20 rows = 4"

BACK

RIBBING

With smaller size needles, cast on 62(70-78) sts **loosely**.

Work in K1, P1 ribbing for 2", increasing 9 sts evenly spaced across last row: 71(79-87) sts.

BODY

Change to larger size needles.

Work in St St until Back measures approximately 14" from cast on edge **or desired length to underarm**, ending by working a **purl** row.

Armhole Shaping

Rows 1 and 2: Bind off 5 sts, work across: 61(69-77) sts.

Row 3 (Decrease row): K1, slip 1, K1, PSSO, knit across to last 3 sts, K2 tog, K1: 59(67-75) sts.

Row 4: Purl across.

Repeat Rows 3 and 4, twice: 55(63-71) sts.

Work even until Armholes measure approximately 8(9-10)", ending by working a **purl** row.

Shoulder Shaping

Rows 1-4: Bind off 4(5-7) sts at Armhole edge, work across: 39(43-43) sts.

Rows 5 and 6: Bind off 4(6-6) sts at Armhole edge, work across: 31(31-31) sts.

Slip remaining sts onto st holder.

BOWKNOT (5 sts)

Row 1 (Right side): With yarn held loosely in front, slip 5 sts as if to **purl**.

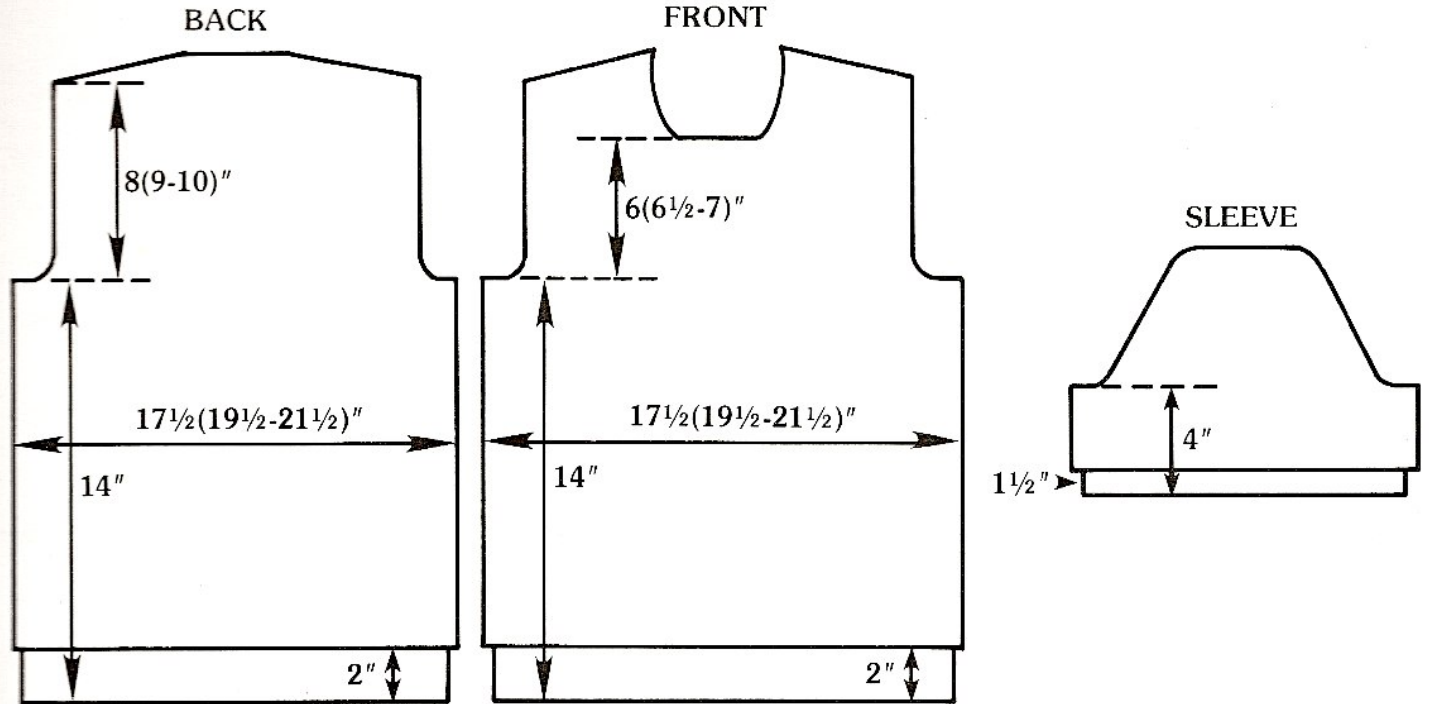
Row 2: P5.

Rows 3-9: Repeat Rows 1 and 2, 3 times, then repeat Row 1 once **more**.

Row 10: P2, insert left needle down through all 5 loose strands, **purl** all 5 strands **and** the next st tog, P2. Repeat Rows 1-10 for each Bowknot.



All measurements are approximate.



FRONT

RIBBING

Work same as Back.

BODY

Change to larger size needles.

Work in St St until Front measures approximately 10" from cast on edge or 4" less than Back to underarm, ending by working a **purl** row.

Rows 1-10: Work 33(37-41) sts in St St, work Bowknot, work remaining sts in St St.

Rows 11-20: Work 28(32-36) sts in St St, work Bowknot, work 5 sts in St St, work Bowknot, work remaining sts in St St.

Armhole Shaping

Row 1: Bind off 5 sts, K 17(21-25), work Bowknot, (K5, work Bowknot) twice, knit across: 66(74-82) sts.

Row 2: Bind off 5 sts, purl across: 61(69-77) sts.

Row 3: K1, slip 1, K1, PSSO, K 15(19-23), work Bowknot, (K5, work Bowknot) twice, knit across to last 3 sts, K2 tog, K1: 59(67-75) sts.

Row 4: Purl across.

Row 5: K1, slip 1, K1, PSSO, K 14(18-22), work Bowknot, (K5, work Bowknot) twice, knit across to last 3 sts, K2 tog, K1: 57(65-73) sts.

Row 6: Purl across.

Row 7: K1, slip 1, K1, PSSO, K 13(17-21), work Bowknot, (K5, work Bowknot) twice, knit across to last 3 sts, K2 tog, K1: 55(63-71) sts.

Rows 8-10: Work 15(19-23) sts in St St, work Bowknot, (work 5 sts in St St, work Bowknot) twice, work remaining sts in St St.

Rows 11-20: Work 10(14-18) sts in St St, work Bowknot, (work 5 sts in St St, work Bowknot) 3 times, work remaining sts in St St.

Rows 21-30: Work 5(9-13) sts in St St, work Bowknot, (work 5 sts in St St, work Bowknot) 4 times, work remaining sts in St St.

Work even in St St until Armholes measure approximately 6(6½-7)", ending by working a **purl** row.

Neck Shaping

Note: Both sides of Neck are worked at the same time, using separate yarn for each side.

Row 1: K 15(19-23), drop yarn; slip 25 sts onto st holder; with second yarn, knit across: 15(19-23) sts **each** side.

Row 2: Purl across; with second yarn, purl across.

Row 3 (Decrease row): Knit across to within 2 sts of Neck edge, K2 tog; with second yarn, slip 1, K1, PSSO, knit across: 14(18-22) sts **each** side.

Repeat Rows 2 and 3, twice: 12(16-20) sts **each** side.

Work even until Armholes measure same as Back to Shoulder Shaping.

Shoulder Shaping

Rows 1-4: Bind off 4(5-7) sts at Armhole edge, work across; with second yarn, work across: 4(6-6) sts **each** side.

Row 5: Bind off 4(6-6) sts; work across.

Bind off remaining sts.

SLEEVE (Make 2)

RIBBING

With smaller size needles, cast on 54(56-58) sts **loosely**.

Work in K1, P1 ribbing for 1½", increasing 5 sts evenly spaced across last row: 59(61-63) sts.

Next Row (Wrong side): Purl across.

BODY

Change to larger size needles.

Rows 1-10: Work 7(8-9) sts in St St, work Bowknot, (work 5 sts in St St, work Bowknot) 4 times, work remaining sts in St St.

Rows 11-14: Work 12(13-14) sts in St St, work Bowknot, (work 5 sts in St St, work Bowknot) 3 times, work remaining sts in St St.

Sleeve Cap

Note: Shape Sleeve Cap as follows and AT THE SAME TIME maintain pattern, having one less Bowknot every 10 rows, until two Bowknots remain.

Rows 1 and 2: Bind off 5 sts, work across: 49(51-53) sts.

Row 3 (Decrease row): K1, slip 1, K1, PSSO, work across to last 3 sts, K2 tog, K1: 47(49-51) sts.

Row 4: Work across.

Rows 5-22: Repeat Rows 3 and 4, 9 times: 29(31-33) sts.

Row 23 (Decrease row): K1, slip 1, K1, PSSO, work across to last 3 sts, K2 tog, K1: 27(29-31) sts.

Row 24 (Decrease row): P1, P2 tog, work across to last 3 sts, P2 tog, P1: 25(27-29) sts.

Repeat Rows 23 and 24, 4 times: 9(11-13) sts.

Bind off remaining sts.

FINISHING

Sew shoulder seams. Set in Sleeves matching center to shoulder seam. Weave underarm and side in one continuous seam (**Fig. 3, page 1**).

NECK RIBBING

With **right** side facing and using circular needle, knit 31 sts from Back st holder, pick up 8 sts along left Front edge (**Fig. 2, page 1**), knit 25 sts from Front st holder, pick up 8 sts along right Front edge: 72 sts.

Work in K1, P1 ribbing around for 1".

Bind off all sts **loosely** in ribbing **OR** work in K1, P1 ribbing around for 2". Bind off all sts **very loosely** in ribbing and fold in half to **wrong** side; sew loosely in place.